



NEW COMMUNITY

CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 3 NO. 7

NEWARK, NEW JERSEY

SEPTEMBER, 1985

St. Rose Gets Ready For Opening Of School

The hustle and bustle of the new school year has begun as workers carve out a "face lift" of sorts for St. Rose school. Old fashioned wood cloakrooms have been ripped out and have given way to lockers for students, and new tiles are being laid on steps and in the halls.

In this **alternative school** classes are limited to provide maximum teaching effectiveness.

Before school begins, teachers at St. Rose will participate in a three-day in-service session to get acquainted with the Sadlier religious education program being introduced this year. Sadlier representatives will be on hand to explain the theory and methods designed to implement the program and put it to maximum use.

The addition of a new religious education coordinator — Sister Clare Terrance — will give increased support to this vital part of the St. Rose curriculum. Sister will be supervising and training the teachers as they

handle religion classes in the school. During the school year Sister will also be planning liturgies for both the school Masses and class Masses.

Sister Clare will give special attention to the religious formation of the faculty, providing in-service Christian Formation Groups to facilitate this. All children who are to receive any Sacraments will also be her responsibility.

Future plans for the school include the beginning of an outreach program in religious education modeled in part after the one now in use at St. Vincent's Academy. Small groups of children will participate in service programs in the main New Community projects or in local businesses and service organizations. The program has not yet been developed specifically but was asked for by the Board of Education of St. Rose who wanted it in conjunction with the religious education program. A gifted and talented program for all grades

is also something St. Rose would like to establish.

It will take some time to develop the possibilities of these programs but thought is now being given to their implementation.

Arthur Wilson, principal of St. Rose, is especially pleased to have a permanent substitute at the school this year. He feels this will prevent the upset which occurs when a

(Continued on Page 2)

New Community Labor Day Statement On Community Rights

1. The right of local residents to have employment, housing, health care, education and a generally safe and wholesome community is a basic human right that must supersede any other factor when planning for the city. The resident community has a right to expect its administrative leaders to help develop a community in which we can meet our obligations to raise our families in a healthy environment.
2. Many of the federal and state funds to stimulate the local economy are awarded on the basis of the depressed economy of Newark. Yet, these very funds are then used to develop jobs which are not available to the local residents. The local resident community must benefit from these programs as was the intent of the legislation.
3. There are many businesses, places used as hangouts, which are public menaces. These create an environment unsafe for our families. The community has the right to have such operations removed from the community.
4. Unfortunately, public institutions sometimes have a life of their own. The institution forgets the purpose for which it was established. This is wrong. These public institutions have an obligation to serve the community. Medical institutions must be primarily concerned with the health of the community. Educational institutions must serve the legitimate aspirations of the community where the institutions are located.
5. There has been a lack of investment in the City of Newark. What is needed is not just investment, but investment in those institutions which will help to bring about full employment, sound housing, better health, good education for those who live in the City. The investment portfolio of businesses and public bodies should include investment in these types of projects.
6. The present state of public education in Newark is sad. The children are being denied their future. Constant fighting among various groups for control of the school system is a disgrace. It is also a scandal to our children. The present teacher contract may be good for the teachers but it does not reflect the needs of the children. The time may well have come to consider a State takeover of the school system.
7. The business community has certain needs. The commuters also have needs. In an atmosphere of mutual respect, we must work together, but the basic right of those living in Newark to meet **their** needs must also be secure.
8. The elected political officials have an obligation to protect the rights of all and contribute to building a local society where basic rights are respected and nurtured.
9. An enlightened business community supports the basic moral rights of the resident community, understanding that the community living in Newark needs jobs, housing, health care and education, and that this is also in the best interest of business.
10. It is important that those who work in the various public agencies of the City of Newark also live in the City. The residence requirement should be established for all new employment for City service. City service is more than just a job — it should be a commitment to people, and to the needs of a community whose interests are shared by those employed to provide such service.

Nursing Home Looking Good!



Members of New Community administrative staff gather on Saturday August 24th for briefing on the present status of the NCC Extended Care Facility. Mr. Anthony R. Ricciardi, head of Ricciardi Construction Company guided members through and pointed out newly completed areas and features. (See related stories on page 6 and 7.)

St. Rose Ready

(continued from page 1)

teacher is absent and a strange substitute takes the class. When not acting as a substitute, the teacher will help with remedial instruction for all grades, thus getting to know the students.

On August 27th an orientation day will be held for teachers. They will be introduced to New Community and Babyland as well as St. Rose since all are part of a cooperative network. A session in Additional Computer Education training will be handled by the head of the computer program at NCC — James Rohrman.

All Day Kindergarten

This year St. Rose will be operating an all day kindergarten program in conjunction with Babyland Nursery for those who need this service.

The daily program would have flexible hours beginning at 7 a.m. and ending at 6 p.m. It is a prime example of the networking principle. From 7 to 8:30 a.m. Babyland caregivers will feed the little ones and involve them in supervised activities until school actually begins. At 8:30 the regular kindergarten class would begin and free lunch would be included. The regular school session would run until 2:45 at which time an after school program would begin, consisting of

nutritious snacks, arts and crafts and guided recreation in a **safe and supervised environment.**

Tuition fee for the program is \$50.00 a week.

Parent's Interest Welcomed

St. Rose has long sought to make its teachers more accessible to parents. To aid communication between the two, teachers will schedule their own home-school meetings with parents at least once a month. Questions about children's progress and programs will be answered at these meetings. This will save running from teacher to teacher all in one night. The interest of parents is not only welcomed at St. Rose but encouraged, since parents are the first teachers of their children. To have their cooperation at home drastically affects the development and accomplishments of their children.

The continuation of **alternative school systems** such as St. Rose of Lima is a vital necessity for the education of Newark children because of the high standards and personal attention given. Providing a quality education is the only way to give these children an opportunity to achieve and dream and be proud of themselves and their lives.

Dan Fabrizio New Eighth Grade Teacher

The head of the summer program at St. Rose will stay for a change of seasons as he takes the helm of the eighth grade class.

Dan Fabrizio is a many talented person who received his BA in elementary education from Kean College. He also took studies in guidance and counseling at Montclair State. A resident of Newark, Dan attended Barringer High School.

Talented in the field of music, Dan pursued a career as trumpet player in a band for several years after graduation "to get it out of his system." He felt it would be unwise to expect to try to do justice to two careers at one time. In 1980 he was ready to resume his teaching vocation and began teaching with the Essex County Educational Services Commission as a compensatory education teacher. This meant doing remedial instruc-

tion for small groups of children from grades 1 through 8 trying to bring them up to grade level in reading and math.

Mr. Fabrizio felt it was more motivational work since he found only 10% were actually slow. "The children in the upper grades tend to give up, and those in the lower grades don't care," he said philosophically. To inspire them a teacher needs different approaches to teaching; materials must be flexible and creative.

An example he gave and which he will be trying to implement this year is in the field of history. Students will be asked to go back just a few years by writing a paper on the turn of the century. They will be asked to interview someone over 60 years of age. Since NC Manor Senior is across the street from St. Rose School an attempt will be made to work with some of those seniors. Or students could use relatives for the project.

The students will be taught how to conduct an interview, what kinds of questions might be asked and how to put the answers in the form of an academic paper, polishing their writing skills.

Certainly the students will have a new outlook on what life was like as the 20th century began.

We'll ask Dan to tell us the results of the project and wish him well in his new post at St. Rose.

Clarion Circulation Up To 8,000

With the opening of St. Joseph Plaza, Clarions are going fast as people want to know more about New Community. We thank you all for your enthusiastic reception of our newspaper.

Pat Foley
Editor

Children's Hospital Designated Specialty Care Unit For State

Governor Thomas H. Kean today signed legislation designating Children's Hospital, a part of the United Hospitals Medical Center of Newark, as the State's specialty acute care children's hospital, and appropriating \$4.5 million to the hospital to cover expenses incurred by the children's hospital unit.

Kean signed the bills, **S-2874** and **S-2875**, at a public ceremony at the hospital.



Gov. Thomas H. Kean

The bill designating the facility as the acute care children's hospital also requires the Commissioner of Health to develop reimbursement rates under the State's Diagnostic Related Groups (DRG) system to more properly reflect the cost of care.

The \$4.5 million appropriation will cover losses "incurred over the years because we continued to provide sophisticated pediatric care without adequate reimbursement," according to Dr. James R. Cowan, President of United Hospitals.

The new DRG reimbursement schedule is necessary because the existing system does not take into account the unique and more expensive specialized treatment required by children who are seriously ill.

"Children's Hospital serves youngsters suffering serious illness and has done so with much success for a number of years," Kean said. "The costs associated with this kind of quality health care are higher than for the adult population and requires the kind of assistance these two bills will provide."

"In the absence of financial help as

well as the designation as an acute care facility, Children's Hospital would stand in peril of curtailing these essential life-saving services or, at worst, closing its doors," Kean went on.

"There are children leading normal, healthy lives today because of the care they received at Children's Hospital," the Governor said. "We have an obligation to support the continuance of these services to the extent possible to assure that other youngsters in need of medical care



Dr. James R. Cowan

will be able to find it."

Dr. Cowan thanked the Governor for his commitment to improving New Jersey, to bringing us high technology and to improving the well being of our children.

He told the gathering that the \$4.5 million "literally makes the difference between the life and death of this institution. With this money our survival in Newark and our continued existence as United Hospitals Medical Center is assured." The sickest youngsters who would have had to go out of state for care can now receive quality care and remain close to home.

His description of mission was a poignant one: "Children's Hospital of New Jersey is a special place with a special mission. By answering children's health care needs today, we provide them with a lifetime of tomorrows."

A grateful "Thank You" to all who helped with this legislative effort.

Governor Kean Signs Pension Divestment Bill

On August 27, 1985 Gov. Thomas H. Kean signed a far reaching bill to divest \$2 billion in state pension funds in protest of the apartheid practices in South Africa. The practice denies 24 million blacks the rights of citizenship.

Kean called the apartheid system "an affront to human decency and an anathema to everything we stand for in this democracy and this state."

The state's continued investment in South Africa will be dependent on an end to apartheid. If there is no end of that in sight the state will proceed to rid itself of any funds invested with companies doing business with South Africa. New Jersey's public pension

funds represent the 42nd largest portfolio of investments in the United States.

The Governor said he felt the moral issues and the necessity "to register our total dissatisfaction with the course of events in South Africa," were far more important than the economic issues. "There are instances in human history when the gravity of an evil is so clear, and the cost of its continuance so great that the governments — at every level — must use every tool at their disposal to combat it. Apartheid is such an evil," said Kean.

He is to be commended for his stand on this serious issue.

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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Spotlight On Women In Government

First In A Series

Joan Wright: Director Of Division On Women

In March of 1983, Ms. Joan Wright said "yes" to a request from Governor Thomas H. Kean asking her to become the Director of the N.J. Division on Women, the 10 year old agency mandated to be the advocate for New Jersey's women. The "yes" did not come without serious soul searching.

One of the difficulties was the fact that when Gov. Kean made his request, Joan was a member of the state legislature having been elected just 15 months earlier. To accept the appointment she would have to resign her elected office. A great deal of effort involving family and friends had gone into her successful campaign and the people were part of her win. She did not want to let them down; nor did she want to break what she felt was a public trust. "I had a great deal of respect for the system that elected me," she told me sincerely. It was a hard decision.

She finally decided to resign her position in the legislature and take the job as Director of the Division on Women.

"I decided to accept because of my life experience. I felt I could bring to the Division on Women the kind of vision it needed to move forward."

Kean Supportive

And move forward it has. In the last two years, Ms. Wright has established an agenda that deals with such things as child care, domestic violence, displaced homemakers, employment, housing and an outreach program to minorities and legislation. The sensitivity and support given to her by Governor Kean have been invaluable and she can't say enough about his work to include women's voices in his administration.

Through the efforts of networking, a system of working together cooperatively, statewide women's organizations have been very successful at moving important women's bills through the legislature, Ms. Wright said with pride. Coalition building and communication are very important tools in moving forward in women's groups. Even in women's groups with a diversity of opinion, one issue can be identified and agreed upon for support. The idea is to work around an issue, not a personality.

One of the things Joan has found as a result of her job, is a commonality among women despite a diversity of ethnic, geographical and economic factors — no matter what their lifestyle or politics or color.

Ms. Wright's own life is a typical example. A product of what she calls the "50's syndrome" Joan went to a junior college and didn't consider education all that important. Women at that time had rather limited options — to graduate, marry, have children and live happily ever after. Her life seemed to conform to that expectation. She followed a secretarial route in school, and married David Wright one month after graduation. She then had Tim, Sue Ellen, Michael and Kelly, now 25, 23, 22 and 16

respectively. Her life seemed very nicely programmed.

But with the shattering sudden death of her husband in 1971 Joan's life changed dramatically. All of a sudden, at age 32, her life "wasn't programmed anymore." She unexpectedly found herself a single head of household with a family heavy construction business to run and four young children wholly dependent upon her.

That year was also a time for great thought, and Joan decided that her children needed to know how to operate independently, "because if anything happened to me they wouldn't have any other choice," she said matter-of-factly.

"We became a team and still are." Everyone helped. Joan acted as chairman. A working mother meant time together was precious. It still is.



Ms. Joan Wright

Now the two oldest are back from college and living at home with the youngest who is in her junior year at Pascack Hills H.S. Michael the third-born, has his own apartment while attending Washington University. They are always in touch, calling frequently as Ms. Wright commutes to Trenton, which is one hour and forty minutes from her home in Woodcliff Lake. They are a close family, but everybody does their thing. Each has a very distinct, personal wide range of interests.

Joan has a strong commitment to social responsibility. While her 4 children were in local schools she decided to run for the school board and a short time later successfully ran for town council. She served two terms. Ms. Wright felt there was no conflict holding both posts simultaneously, but rather that this was a joint venture since they were dealing with the same tax dollars. She pointed out the two groups often don't talk to one another, but as a member of both she knew the borough was planning to put a fence around the Old Mill Park swimming facility and baseball fields, and made it a joint venture with the Board of Education whose children were involved.

As a council member Ms. Wright had the opportunity to perform a variety of functions, one of which was to act as Commissioner of the Department of Public Works. It was this job in particular which led her into the area of women's rights.

As commissioner she met with the men in the Department of Public Works every other Wednesday. It was the first time a woman had held the job of commissioner. When she arrived at the office she found it decorated with pictures from Playboy as many male domain's are. She was uncomfortable, but said nothing. The next time they met, the men found pictures from Playgirl hanging in the office. After all, "what's good for one sex is good for the other," says Joan. This time she saw **they** were uncomfortable. It was her first experience with men being uncomfortable with the kind of exploitation that women are expected to take as a matter of life.

She and the men talked about that in a goodnatured way, beginning the process of enlightenment on both sides. She as a woman was in an unfamiliar environment, and in a role unfamiliar to a woman, but with tact and a sense of humor both sides were able to talk about this situation and become sensitive to each other. At the third meeting Ms. Wright found all the pictures removed.

The ability to get a message across without being strident or alienating people is an important part of her job, Joan feels. Now as the Director of the State Division on Women the kind of belief she had and the experience as the first woman DPW Commissioner in Woodcliff Lake has served her well. She is able to get along with men and women in both the private and government sectors. She has been successful in getting support when necessary for the Women's Movement. Her tools are those which build coalitions and strengthen communication — without a threatening manner. Ms. Wright feels strongly that different attitudes will come from education not legislation.

When Ms. Wright was sworn in as Director in March 1983 — 350 men and women turned out, coming to the chambers for her swearing in as a bipartisan sign of support. From that time forward she has had nothing but encouragement.

We talked about the fact that one person can make a difference in government service and Joan wanted to illustrate it with an experience she had.

Ms. Wright felt community service enabled her to put her talents to their best use so in 1981 she ran successfully for the N.J. General Assembly.

She had just been sworn in when she happened to see David Hartman of the Today Show doing an interview on missing children with the parents of Adam Walsh. The statement that they really needed help across the United States and especially were

hoping for legislation at the state level, hit home. She called to ask if she could help and was referred to Sgt. Richard Ruffino of the Bergen County Sheriff's Department Missing Person's Unit, the only full-time Unit in New Jersey.

Together Ms. Wright and Sgt. Ruffino wrote the bill which established the N.J. Commission on Missing Persons in the Department of Law and Public Safety.

Now Trenton has set up an Executive Director for the Missing Persons Commission for the State of New Jersey.

According to Joan, the story points up that "as a public official or private citizen in the system individuals do have an opportunity to make a difference." "It is difficult to get the support of people in power," said Ms. Wright. It was exciting to use her position of power in a positive way for public good.

Now she is doing so in her new position as Director of the Division on Women and the last 2½ years have at times flown and at times seemed like 20 years.

State offices are open 5 days a week, but as Director, Ms. Wright feels she must accept speaking engagements around the state, including nights and weekends. It has a tendency to completely absorb her.

She has learned she must pace herself, and manage her time well. She has also learned to put things in perspective, "because you can't change the world overnight." Learning to be a good administrator and delegating authority has helped her. A message she sends to women as well as men is that "women have a tendency to try to do it all and to do it all perfectly. That's **impossible**. It makes one resentful, terribly tired and ineffective."

It is still a problem to juggle things at home, run an agency and have speaking engagements, but she now takes time out to enjoy cultural activities and to "smell the flowers."

Great Deal to Offer

Summarizing her thoughts about women today she felt it was important for women to realize they have a great deal to offer as individuals. "They must look at themselves as having the ability to be personally effective and to be self-determined."

"It is also important to note the Women's Movement has given many choices. Full time homemaker is one of those choices if one can afford it. Many women however are working because they don't have the choice. The economic necessity for women to work is a reality." Pay equity is very, very important, the Director feels since such a great majority of women are working out of need.

"The economic issues are the real women's issues," she said emphatically.

That is something all women can work on.

NCC Residents Receive Awards From New Jersey Housing Mortgage And Finance Agency

Mrs. Ellen Watson of New Community Associates and Mr. Ralph Simpson of NC Community Commons Senior were the recipients of Certificates of Appreciation from the New Jersey Housing Mortgage and Finance Agency. Mrs. Watson has been a resident of Associates since its opening and has proven to be a good neighbor, a strong community leader and a model who has encouraged many residents to come out of their apartments and become active in their community.

Before New Community had an established Social Services Department, Mrs. Watson started an arts and crafts program, was instrumental in the 180 Gospel Chorus and many

other activities.

Mr. Simpson also became involved in his building at its beginning. He has served the 140 Club, the tenant association, and many other programs at Commons Senior.

There are many credits that can be given to these residents and others. However, when the Agency asked for outstanding community residents, Ms. Madge Wilson wrote the essays that won the awards for these two residents. We are proud of Mrs. Watson and Mr. Simpson. Their dedication truly affirms our slogan "I'm proud to be part of Newark's New Community".

Georgia Ransome



Ellen Watson and Ralph Simpson display certificates of appreciation received from NJHMFA as Madge Wilson of New Community, who presented the awards, looks on approvingly. Both have been exemplary tenant leaders.

Announcement to Members of New Community Federal Credit Union

LOANS NOW AVAILABLE

The New Community Federal Credit Union is ready to begin accepting applications for loans from qualified members. A loan must be for at least \$200.00 and can be higher. As the Credit Union continues to grow, loan fund availability and the range of services will also grow.

In order to make convenient all credit union transactions such as loan application inquiries, and deposits or withdrawals of shares we have established the following office hours:

Monday — Wednesday — Friday

9 a.m. — 12 p.m.

Tuesday and Thursday

5 p.m. — 7 p.m.

To insure that the Credit Union runs smoothly, we ask that you adhere to these hours.

If you have any questions regarding the loan process or the credit union please contact Patrick Richards at 623-2800.

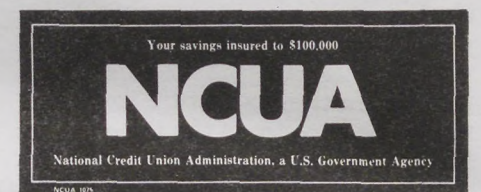
Employees Supporting Credit Union

Roberta Singletary, President of the New Community Federal Credit Union has been meeting at the various work locations, talking about the credit union to the employees, advising them of the many advantages of saving thru payroll deduction. She has also been explaining the requirements for loans, which are being granted to those who meet these requirements and answering all questions and concerns of the employees.

"I found that during the course of my meeting with employees, many were very pleased about the credit union, expressing how their savings

have accumulated successfully with the help of the credit union".

In many of the work locations,



payroll deductions range from 85% to 100%.

HORRAY for those 100% locations: Babyland II; and The Family Violence Shelter.



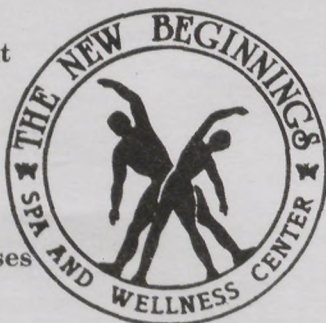
Roberta Singletary signs up members of NC maintenance department for payroll deduction plan in New Community Federal Credit Union.

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ADDRESS _____

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CALL 624-7373 For An Appointment

Credit Union Manager To Visit Senior Buildings

Patrick Richards from the New Community Federal Credit Union will be visiting the NCC senior buildings to discuss membership and to answer questions about it.

Here is his schedule:

September senior citizens visits

Associates	September 5, 1985	9:30 - 11:00
Commons Seniors	September 5, 1985	10:30 - 1:00
Garden Senior	September 6, 1985	9:30 - 11:00
Douglas	September 6, 1985	11:30 - 1:00
Roseville	September 7, 1985	9:30 - 11:00
Manor Senior	September 7, 1985	11:30 - 1:00

Please feel free to join him in the community room and discuss the advantages of becoming a member.

NCC Employment Center News

Employment Center Adds Co-Director

In August, Deborah Neal was welcomed to the NCC Employment Center, staff. She serves, together with John Bins, as Co-Director and both serve as Employment Counselors. "We have been seeking someone with Deborah's background and experience" John says, "to expand our services to employers and applicants and have more people share in the organizational effort needed to keep the office running efficiently. This is so we can all spend more time in employment counseling."

Deborah joined the Peace Corps after earning a B.A. Degree in English from Bloomfield College in 1976. Since returning to Newark, she has worked with Opportunities Industrialization Center, Mayor's Office of Employment and Training, and, most recently, as Project Coordinator for Coalition Six in Newark a grassroots neighborhood organization.

Deborah talks reverently of her two years with the Peace Corps in Africa. "That experience really changed things for me in relation to people helping one another. It changed my whole value system. Then I knew I wanted to return to Newark where I was born and to work with Newark people on their problems."

On the staff, Deborah will join three other Employment Counselors: Mary Bins and John Bins who founded the



Deborah Neal

NCC Employment Center a year ago, and Patt S. DeLuca who started in September last year as a one-a-day-a-week volunteer. In February, Patt gave up her position as a chiropractor's Office Manager to work full time as Employment Counselor. In July, she took on the new challenge of Youth Employment Counselor.

Deborah Neal first applied for a position with the NCC Employment Center shortly after it opened. "I knew that job was what I wanted to do."

Were happy she's here.

Job Filled Nicely

When Mr. Lenny Jennis of Lenny's Auto Center learned about the New Community Employment Center, he told us "When someone applies that has parts experience, I want to see them."

When Jacqueline Mace came to New Community Employment Center, her experience included an auto parts store, bank lock boxes, and a beauty shop, where she was working as a cashier, accounting clerk, receptionist, and sales clerk.

Jackie interviewed with Mr. Jennis and he hired her. Now she is doing all those jobs for him. They are both pleased.



Jacqueline Mace looks over parts books with her boss Lenny Jennis of Lenny's Auto Center.

Looking For Work? Between Ages 16 And 21?

New Community Employment Center is now pleased to have their own Patt S. DeLuca working full-time to address the employment needs of our youth. If you are WILLING TO WORK and between the ages of 16 and 21 call Patt any morning Monday through Friday between 9:00 and 9:30 to make an appointment. We are eager to see you and to work with you in opening up doors for new job opportunities!

NC Homes Plans 10th Anniversary Gala

The committee to plan the 10th anniversary celebration for New Community Homes was organized August 5, 1985. Letters were mailed out to many of the original tenants to determine the direction in which the celebration would go. The date has been set for late October and it is to be held at St. Joseph's Plaza. It will be semi-formal occasion with dinner and dancing. The committee is putting together a journal reflecting New Community Homes past and present. The journal will also contain a page dedicated to the memory of Lola P. Stewart, one of the pioneers of New Community Homes. The Committee is reaching out for former residents and employees. We are hoping to have a gala affair.

New Community Homes is the first member of the New Community family and from its seed grew the many other branches of our family tree.

Anyone interested in contributing any information or support to this affair can do so by contacting any of the following Committee Members: Ms. Martha Williams, 185-R Bruce Street; Ms. Mae Moses, 165-A Bruce Street; Ms. Bonnie Fuller, 270-S Morris Avenue; Mrs. Anetha Reed, 280-H Morris Avenue; Mrs. Ann Smith Brown, 260-J Morris Avenue; Joe Chaneyfield, 270-J Morris Avenue or Georgia Ransome at 623-2800 extension 242.

Georgia Ransome


Maintenance Training Session



On August 6, 1985, Director of Maintenance Pal Drye, Assistant Director Don Evans and Supervisor of Superintendents Larry Brown started phase 7 of a training program on exterminating procedures. On hand to assist in the training program were representatives from Spruce Industries Corporation, Johnson Wax and Chemical Corporation. Attending the program were all Superintendents of NCC buildings. Future training will cover: boiler operations and controls; locks and their repair; plumbing problems such as toilets, faucets, sewage backup and pump maintenance; basic electric theory, voltometer use and fuse testing.

"The world stands aside to let anyone pass who knows where he is going."

—Jordan



TRAINING PROGRAM

where to look
what to put on application
what to say in the interview
JOB HUNTING SKILLS

<p>Sessions:</p> <p>Sept. 9 9:30-11:30 10 9:30-11:30 12 9:30-11:30 13 9:30-11:30</p> <p><small>Attendance At All Four Required</small></p>	<p>NO FEE Call To Apply 643-3828 NEW COMMUNITY EMPLOYMENT CENTER 15 Hill Street Newark, N.J.</p>
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A CHANGE OF PACE


ST. JOSEPH PLAZA
 THE SANDWICH SHOP
 233 W. Market Street
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Relax in the quaint atmosphere of the Atrium in St. Joseph's Plaza. Enjoy a delicious buffet including chilled wine, beer and many of your other favorite drinks.

For your listening pleasure piano selections by Curtis Watkins accompanied by Emily Ross, vocalist.

FRIDAY NIGHT SPECIAL from 4 P.M. until closing

Shrimp Jambalaya • Saute Chicken Liver and Giblets w/Onion
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White Rice • Macaroni and Crabmeat Salad • Cheese Straws

Three types of cheese dips and an assortment of potato chips, crackers and frito chips, salted peanuts.

Cash Bar



at ST. JOSEPH PLAZA
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NEWARK, NEW JERSEY
(201) 624-7373

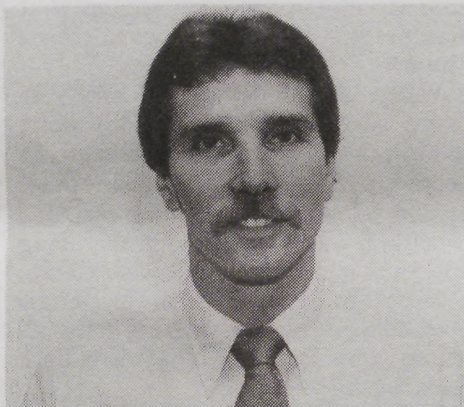
Your body is made up of billions of cells, and various vital organs all with specific purposes, but one organ does stand out — the heart. The heart is actually a muscle, similar to the rest of the muscles in your body, but with one very important difference. When the heart muscle contracts it pumps blood, essential to life. Unlike the other muscles in the body, the heart contracts on a regular basis 24 hours a day 7 days a week for the duration of your life.

The heart will pump about 1800 to 2000 gallons of blood in a day. To pump that much blood the heart needs to contract an average of 70 beats per minute or 100,800 times in 24 hours. Despite the seemingly large amount of contractions during a 24 hour period, as Walter Cannon, M.D. points out — "When beating at a moderate rate of seventy pulses (heartbeats) per minute, the heart is actually working only nine hours out of the twenty-four. In the aggregate its rest periods total in full fifteen hours per day."

Despite the fact that the heart pumps all this blood during the day, the heart muscle itself doesn't get its nourishment or oxygen from the blood passing through the various chambers. The heart gets its life giving blood through a network of arteries that are on the outside surface of the heart. This network is called the coronary arteries. These arteries are the site where coronary artery disease develops, due to blood fat deposits that form along the walls of the arteries. If enough of the blood fats deposit themselves in any given area of these arteries narrowing of the artery will occur. If the artery completely closes a heart attack will follow. As a result, any muscle cells being fed by that artery would die without the nourishment and oxygen the blood brings them. These heart cells (muscle cells) once dead will not re-generate themselves. The damage done by the heart attack (myocardial infarction) is permanent, and will cause the heart muscle to be generally weaker overall.

Your Willing Heart

by Kerry Gillespie,
Exercise Physiologist



Exercise Helpful

The heart, due to the fact that it is a muscle, responds very well to exercise. Exercise and exercise alone can change a weak inefficient heart to a heart that is strong, efficient and healthy. The exercise we are talking about is aerobic exercise. To be aerobic the exercise must meet certain requirements, such as at least 20 minutes per session with 3-5 sessions per week at 70-85 percent of your maximum heart rate. Following this plan the heart will begin to respond within 8-12 weeks after you start.

The heart will begin to develop very similarly to the muscles in your body after starting a weight lifting program. As the heart gets stronger it will not have to beat as much, because the efficiency will increase the amount of blood it pumps each time it beats. This will allow the heart rate to decrease. If, for example, your heart rate was 80 beats per minute before you started an exercise program and after 8-12 weeks your resting heart rate decreased to 70 beats per minute, within a 24 hour period you would save 14,400 heart beats; within a year your heart will have decreased the amount of times that it would have to beat under resting conditions by 5,256,000.

This is quite a significant reduction in wear and tear. With the investment of only about 2 hours a week of aerobic exercise you can increase the efficiency of the heart and thus decrease the amount of work (heartbeats) the heart must do.

Your heart works for you continually for many years and all it asks from you is that you watch what you eat and exercise regularly. Seems fair to me!

Keep in mind what John Heywood said — "Nothing is impossible to a willing heart."

Extended Care Facility Gets Director And Assistant Director

New Community Corporation recently announced the selection of Ms. Connie Ford as director of the 10 million NCC Extended Care Facility presently under construction at South Orange Avenue and Fairmount Avenue. Assisting her in administering the facility will be Sister Mary Pauline Hogan, Sister of Charity.

Ms. Ford comes to New Community after 5 years in the ambulatory care unit of United Hospitals in Newark. She worked to develop higher standards and training in the critical care area while at United and was responsible for greatly expanding the ambulatory care department.

Her position as assistant vice-president of the hospital brought her in working contact with NCC, through United Hospitals affiliation with the NCC Health Care Center at St. Joseph Plaza.

In her new capacity as director of the Extended Care Facility she will help make it a valuable resource for people in the community, in the employment it will offer in the health care and related fields, as well as in the physical care it will provide.

Ms. Ford said she is looking forward to that. She already has a stack of employment applications to consider and is aware of how many businesses have recently closed and how many people lack transportation to decent jobs.

Fortunately, the NCC Extended Health Care Facility is on a major bus line along South Orange Avenue. It is expected to provide employment for more than 130 persons.

Ms. Ford received her masters degree in Public Administration (MPA) at New York University, with a major in Health Administration. She was granted her B.S. degree, magna cum laude, from Montclair State College and her nursing diploma from Johns Hopkins Hospital School of Nursing in Baltimore, Maryland.

The new director has had special training in cardiovascular nursing through a program of study co-sponsored by Vanderbilt University and the American College of Cardiology.

During her nursing career she was in charge of the Intensive Care Unit (ICU) and Cardiac Care Unit (CCU) at Clara Maas Hospital in Newark, and head nurse of the Cardiac Pavilion at Baptist Hospital in Nashville, Tennessee where she developed a formal in-patient teaching program. She has also been involved in cardiac rehabilitation, creating the first pro-

gram in the north which utilized monitored exercise training and risk factor reduction. Ms. Ford began the Sharing and Caring Program sponsored by the American Heart Association of Essex County for those having experienced heart attacks.

Ms. Ford is happy she will be continuing her service to people by working in such a desperately needed facility where the extended care it will provide will be so vital for people of limited means.

When asked for comment about her new position she said she was reminded of a quote from Martin Luther King — "The ultimate measure of a man is not where he stands in times of convenience, but where he stands in times of challenge."

"That's how I feel now," she said with enthusiasm. "I feel challenged."

Sister Pauline, who will be assistant director of the facility, is a licensed Nursing Home Administrator. Sister was Director of Activities at St. Vincent's Nursing Home in Montclair, New Jersey and developed policy and procedure manuals for the start up of that facility.

Sister received her BS from Boston College and a masters degree in Urban Affairs from Boston University. Her background also includes experience as an educator on the secondary and elementary levels in both Massachusetts and New Jersey.

A native of Boston, Sister Pauline worked for a time in Roxbury, Massachusetts where she helped with the formation of the Roxbury Comprehensive Community Health Center.

Sister's desire to get back to working with older people drew her to New Jersey where she participated in many continuing education programs in gerontology and administration, receiving a certificate in Gerontological Studies from the College of St. Elizabeth in 1981.

Sister was the administrator of a retirement facility in Jersey City for older, frail Sisters of Charity from 1978 to 1982.

Referring to her new position Sister said, "The only way I could leave St. Vincent's would be to join another organization which had comparable goals and values to the Sisters of Charity and St. Vincents."

"New Community has exhibited all of that."

She is looking forward to the opportunity of serving the elderly in this new capacity.

Fitness Corner

The Butt Stops Here — Stop smoking classes will be held at the New Beginnings Spa by the American Cancer Society. These classes are based on sufficient enrollment. All members of the Spa can sign up in the Spa. There is a \$20.00 fee for the classes. Take the class — **stop smoking** — you will breathe a little easier!

The Physiology of Fitness — an in-

troductory slide presentation on exercise and how it affects the body will be presented on Tuesday, September 10th at 7:30 p.m. in the conference center. Kerry Gillespie, Exercise Physiologist will be the speaker. This presentation is open to the Executive, Cardiovascular and Senior program members.

ATTENTION ALL TENANTS
NCC Health Care Center
623-2480

Transportation to NCC Health Care Center
will be provided for your convenience.

Editors Note:

Last month's excellent Health Spa article entitled "Not For Women Only" was written by Jeff Terry.

Extended Care Facility Shaping Up Nicely

Curbing is now in at the NCC Extended Care Facility giving definition to the gracious entrance of the building and outlining the location of off street parking at the site. The front has been cleaned up and landscaping will soon begin, making the beauty of the building more and more apparent as it progresses. It is like watching a new being take shape in the neighborhood — a new creation which will welcome with dignity and caring all those who enter its doors.

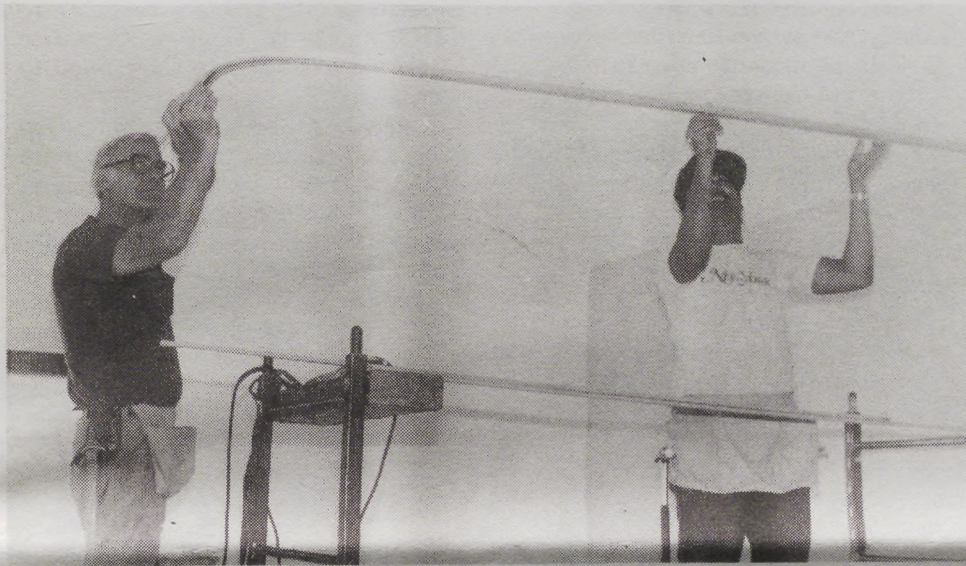
Within, all rooms including offices have been primed and the South wing is completely painted on the top three floors. The North wing is receiving its finishing touches at this writing. Air conditioning and heating units are in all the rooms and light fixtures have

been installed in all rooms as far as the painting has been completed. Ninety-five percent of the quarry tile covering the basement floor is also in.

All the wood doors are now hung, lending an air of completion to the structure and softening the look of the spacious building.

Ceiling grids for dropped ceilings are finished in all the bathrooms, and corridors will be done next. This will make a huge difference, adding a finished appearance quickly as the ceilings are completed. Counter tops have also begun to be visible in the bathrooms.

With the new director beginning to select a staff of employees it won't be long now. We'll keep you posted.



Domenick Castaldo and Khemran Ramnarine install cubicle tracks in nearly completed patient room.



Applying a final coat of paint to patient's room is Manney Pardo. Door has been carefully protected just in case.



Initial covering of paint is sprayed on in treatment room covering spackled wallboard. Masked painter is Manny Lopez.



Landscapers begin their work in front of NC Extended Care Facility. The area will soon match the beauty of other NCC buildings, with trees and shrubs softening the line of the L shaped building.



Light fixture goes up in tiled shower room. Vincent Ciasullo is doing the installation.



Machinery smooths parking lot in rear of building off 14th Street. Outline of new curbing can be seen at middle of left edge of photo and below large tractor at bottom.

Institute Against Social Violence Workshop

The Institute Against Social Violence held a workshop recently at St. Joseph Plaza. The workshop was conducted by Lynn Reynolds, Ph.D and Gerald Shattuck, Ph.D.

Subject matter for this particular session covered two topics: Perspectives on Child Abuse and Neglect, and Stress and Anger Management for Professionals and Clients.

The first topic included cultural values and child abuse; physical and behavioral signs of abuse; identification of non-accidental injuries; high risk populations; effects of abuse such as parricide, arson and multiple personality; interviewing guidelines including non-verbal signs of abuse.

In the Stress and Anger Management part of the session the lecturers went over the dynamics of stress and

anger; dysfunctional responses to the stress syndrome; steering energy into useful channels; establishing a climate of mutuality and verbal and non-verbal communication.

All seminars are designed with agency-specific format.

Dr. Reynolds is Co-Director of the Institute and lectures in Fordham University Probation and Parole program. She worked with the New York State Division of Youth with court-related adolescents and their families for ten years.

Dr. Shattuck is also a co-director of the Institute and Associate Professor of Sociology at Fordham. He has served as Director of Fordham's Institute for Social Research as well as Chairman for a six year term in their Sociology and Anthropology Department.



Mother Nature Rescues HMFA

Old Mother Nature, in the form of a brief summer thunderstorm, recently saved an HMFA softball team from certain defeat at the hands of New Community.

On Wednesday afternoon, August 7, the NCC softball team (lead by wily veterans Andy Cuevas, Matt Reilly and Skip Lee) traveled to New Brunswick to take on the HMFA contingent. NCC had built a comfortable and seemingly insurmountable 10-3 lead after four innings of the planned nine inning contest. Emilio Cruz hit a two-run homer in the top of the third inning to lead the NCC attack;

and several members of NCC's Security Division contributed key hits.

Then, with two outs in the top of the fifth inning, the rains came and the game had to be halted. Rumor has it that several HMFA players were seen performing an ancient rain dance ritual on the sidelines just before the start of the fifth inning. At any rate, HMFA was long gone by the time the rain stopped about ten minutes after it started.

A make-up contest will be scheduled before the end of the season.



Security Director Jim Du Bose presents plaque to Matt Reilly after the Management team soundly defeated the Security division in softball on Saturday July 28, 1985.

Health Skills Training Program

The Program is a 210 hour course — 60 hours of job skills classroom work, 70 hours of clinical experience in a Long-Term Care Facility, and 18 hours in an Acute Care Facility, 20 hours of basic skills and 42 hours of world of work. The curriculum follows that recommended by the New Jersey State Department of Health for ancillary personnel in Long-Term Care Facilities and includes the following:

- The Long-Term Care facility functions, structure and personnel
- The Nurse Aide role as a member of health care team
- How to effectively work and communicate with patients, families, co-workers, and supervisors
- Life skills for the successful employee
- Organizational, ethical and legal aspects of care
- Emotional care of the patient, the elderly, the person in a long term care as well as an acute care facility
- The aging process, its myths and implications on care given
- Working with families of long-term care facility residents
- Religious and spiritual needs of the elderly, ill and dying
- Death and dying
- Prevention of the spread of infection
- Isolation techniques
- Safety practices and measures
- Disaster and fire plans

- Observations of physical changes — signs and symptoms
- Personal care of the patient
 - Comfort and safety
 - Personal Hygiene
- Vital signs
- Transfer, positioning and exercise (taught by R.P.T.)
- Housekeeping
- Food Service
- Elimination
- Rest and Sleep
- Recreation — needs of patients and how the Nurse Aide functions in this area

There are no more than 15 students to one instructor in the classroom and 8 students to one instructor in the clinical site. Each student has clinical experience in a Long-Term Care Facility (Essex County Geriatric Center) and an Acute Care Facility (University Hospital).

The Students progress from routine care of individuals to ones with more complex needs. Simultaneously, with the increased level of care is an increase in the number of patients for whom they care. The ultimate aim is to prepare our students to handle as close to a full assignment of patients as they will find, once employed.

For more information call: 623-6114.

NC Roseville Report

On August 15, 1985, the combined clubs of N.C. Roseville (Good Neighbor's Club and 1 South 8th Street Club) got together to host a bus ride to a N.Y. Mets game at Shea Stadium. Club officers were happy to see the many people from other New Community buildings participating

with us. Everyone had a good time and fun too!

P.S. the Mets beat the Phillies 10-7.

Already another bus ride is in planning. If it's to another ball game, come along.

R.S. Perkins



At St. Joseph Plaza
233 W. Market Street
Newark, New Jersey

SUMPTUOUS SUNDAY BRUNCH 9 A.M. — 2 P.M.

Scrambled Eggs • Corned Beef Hash • Crabmeat Au Gratin
Baked Ham w/Apple Sauce Glaze
Beef and/or Pork Sausage • Bacon
Southern Fried Chicken • Shrimp Creole • Pasta
Hash Browns • Rice, Grits • French Toast • Toast
Corn Muffins • Buttermilk Biscuits • Rolls
Apricot Nut Bread • Carrot Bread • Fresh Fruit Bar
Pink Champagne Punch • Coffee, Tea, Iced Tea, Milk
Old Fashioned Lemonade • Orange Juice • Grapefruit Juice

All You Can Eat!

Adults — \$5.95 • Children 12 & under — \$3.00

COUPON

COUPON

\$1.00 OFF
Adult Menu

COUPON

COUPON

NCC Residents Receive Free Hearing Testing And Evaluation

During the last two weeks in August, each NCC Senior site participated in a "preventive" hearing program offered by the group from Geri-Care, Inc., located in Englewood Cliffs, N.J. The purpose of the group is to "initiate a hearing program that offers early detection of hearing disorders."

The presentation included a slide film from A.A.R.P. with a discussion about hearing types of impairment, resulting physical and emotional problems, and the like. The guest speaker was Audiologist Craig Barth.

Each resident was provided with a self assessment questionnaire that helped each individual recognized his or her own hearing problem. A physician was also on hand to examine the ears for wax or infection and to give

written authorization for the testing. Part two of the presentation was completed in the Mobile Van, which contained a sound-proof booth, climate control and a special chair lift for the handicapped.

As a follow up to the testing program, each participant will receive a completed audiogram, listing any findings, as well as suggestions to be shared with the attending physician. The charges for this testing are covered by Medicare Part B.

In the event that the hearing loss is severe and would be helped through amplification, recommendations are made by the Geri-Care staff for a hearing aid dispenser. For more information contact the Geri-Care office at 201-569-2100.

Gloria Newsome



FOOT FACTS:

Dr. Kenneth Frank



Office Hours at St. Joseph's Plaza
9 - 12 Mon.
9 - 11 every 1st & 3rd SAT.

Podiatrist

CONDITION	SYMPTOMS	HOW TO HELP YOURSELF	HOW A PODIATRIST CAN HELP YOU
Arthritis	Pain, swelling or tenderness of joints Stiff joints on arising	A balanced routine of rest and exercise Upper of shoes soft Insole well padded Cold compress relieves pain Warm compress relaxes muscle spasm	Physical therapy — therapeutic injections Oral and topical medications proper padding to cushion feet — surgical correction of deformities — flexible or rigid orthotics
Fungus Toenails	Gray, yellow or brownish pigmentation — dry, hard and thick nails may separate from under surface	Keep foot clean and dry Wear properly fitted shoes Alternate shoes frequently	Provide professional foot care Appropriate topical and oral medications prevent complications
Ingrown Toenails	Nail grown into skin — pain — swelling — redness — infection may be present	Cut toenails straight across not into the corners — Keep nails about as long as the toe itself — Avoid injury to toes Don't wear tight fitting shoes or hose.	Conservative office treatment of pain and infection may be sufficient — Your family podiatrist may recommend surgery to provide permanent correction Treatment is usually pain-free and the patient is ambulatory
Corns	Small circular hard areas usually located on top of toe — press down on nerves and cause pain — friction and pressure result from poorly fitted shoes — and foot deformities	Self treatment can be dangerous Avoid over counter medications to dissolve corns — Do not cut with sharp objects — Antiseptic cream may help — Select properly fitting shoes	Professional foot care — Remedy of condition — Accommodate correct cause of deformity which may involve bone
Callus	Hard, thickened skin — frequently on the ball or heel of the foot caused primarily by friction, pressure and improper weight distribution in the feet	Apply lubricating lotion — Cutting callus at home is dangerous Avoid sources of pressure and friction	A podiatrist can treat calluses without danger — Advise about the basic problem Prescribe shoes and/or orthotics
Foot Ulcers	Local skin defect with inflammation or infection — A break in the skin may become an ulcer unless properly treated	Keep close watch of open wounds if you are a diabetic, have poor circulation, complications with varicose veins or are confined to bed rest with foot pressure	Control infection — Promote wound healing — improve foot balance with accommodative orthotic device — Coordinate with medical care to control systemic disease
Diabetes	Foot lesions that do not heal with routine care — numbness, fatigue, weight loss, calf pain, increase of thirst, appetite and urination	Watch for symptoms if there is a history of diabetes in family or you have a weight problem — Your feet should be inspected daily — Follow all foot health rules	Regular professional foot care for diabetics is essential — Discuss all foot problems with your podiatrist promptly.

Volunteer In Action

"There is just no way to express my appreciation for the time that Ms. Jacobs spends with me," said Ms. Alice Biggerson. Ms. Biggerson is one of our seniors of 265 Morris Ave. who receives volunteer help twice a week from Ms. Bessie Jacobs of 72 Hayes Street.

In my conversation with Ms. Biggerson, I could tell by the way she spoke and that smile that was on her

face, that she was very pleased. The smile alone made me feel that we've accomplished a good deed.

If you have the time and a generous heart please come out and join our HomeAide Volunteers. We have several seniors, handicapped and young disabled that are in need of our help. The smile on their faces alone makes it all worth the effort.

Gloria Chambers
NCC Social Services



At Your (Social) Services

by the Staff of the Social Service Dept.

Socially speaking, the "Summer of '85" has proven to be the most active summer ever at New Community. This has been particularly true in the case of the Summer Youth Program, the gardening program for families and seniors, and the theatre club. The bus trips offered were well attended and a boat ride proved a big favorite. Each of these activities is described further in this issue of the Clarion.

The main reason why these activities proved to be so successful was due to the involvement of NCC residents. The summer youth program is a perfect example. Were it not for the four dedicated supervisors and eight aides that ran the program, under the guidance of Eladio Negrón and Sheila Washington, there would never have been the large number of children enrolled in the program. These supervisors and aides, all NCC residents, were actively involved in

recruiting the children, planning the program and carrying it out. The parents put their faith and trust in the program because they knew that the people running it were dedicated people.

This year also, the help provided by youth from Newark's Summer Youth Employment Program was excellent. The young women and men were well organized and very conscientious in carrying out their tasks. All parents could rest assured that their children were being well taken care of and safe in the program.

But this is just the beginning. We know that the active involvement of NCC residents is essential if social programs for youth, families and seniors are to take place here. This summer has demonstrated that it can happen. It is our hope that what was begun in the "Summer of '85" will be carried out throughout the rest of the year and on into the future.

NCC Junior Basketball League

Our Junior Basketball has begun. Games are played at Newton Street playground from 5:00-7:30 p.m. Seventy boys and girls ages 12-16 play on 6 teams, Monday to Friday. They began on August 12th and will end with a playoff and championship game on September 7th. There will also be an all-star game to highlight the top ball players of the NCC Basketball Junior League.

NC Commons Senior

140 Club

We would like to rectify a misprint in last month's issue pertaining to the 140 Club installations. Our Vice-President is Marion Simpson. The name of our Finance Secretary is Mr. Segundo Lugo.

Men's Club

The Men's Club gave a party to celebrate their short vacation from their breakfast routine. All tenants were invited. Now they are back in business serving breakfast every morning. A new item has been added to the menu: pancakes.

Other Goings On

Viola Walker and Marion Simpson are sponsoring a Bus Ride to Atlantic City on August 14, 1985.

Anyone wanting a delicious cake who doesn't care to bake it see Arleathia Jones (the cake lady).

The Oldies But Goodies Club (Pete, President) had their monthly party. Participants had a pleasant evening of seafood dinners, music, dancing, and playing cards.

The Gospel Chorus with Rose Rivers Littlejohn, President, will resume their musical sessions in September.

Arts & Crafts with Julia James, President, will resume in September. We send her our congratulations as she begins another year as president.

That Was A Night To Remember

Our dear Virginia Scott, who is a Social Worker for New Community was honored and showered with gifts and plaques, from families, seniors and children, for her very much appreciated work.

Mrs. Gloria Newsome and Ms. Joyce Holmes who are fellow social workers received gift certificates that evening also.

One staff member indicated that, "it was long overdue for Virginia". Ms. Watson from NC Associates said, "you were never too old nor too disabled for Virginia."

Special thanks to the following who helped us put it all together: Sister Pat Finnerty — Babyland III; Mr. Curtis Watkins — Musical Director; and Mrs. Gloria Newsome — Social Services.

And a BIG THANKS to the Senior Citizens of NC Associates.

NC Associates

"Come magnify the Lord with Me" is the theme of a very special woman; she is our angel of mercy Evangelist Betty Lawrence. She prays for the sick at home and in the hospital; comforts the bereaved and brings patients to the chapel in United and University Hospitals. Whenever she hears of someone in the hospital, she does her best to visit them. Besides this, she runs errands for some who cannot do for themselves. Her Mission is "The House of Prayer" for all people in Jersey City. Mother Lawrence, as she is also called, encourages the depressed and lonely. She is an accomplished pianist and has taught and played with many choirs. She is a jewel in every way. I'm sure you have seen our Missionary in white, in several places. She's a very dedicated person and as she says, "I'm doing my Father's business."

It is a pleasure to know her and we are happy to have her as a counselor, neighbor and friend, and pianist for our chorus.

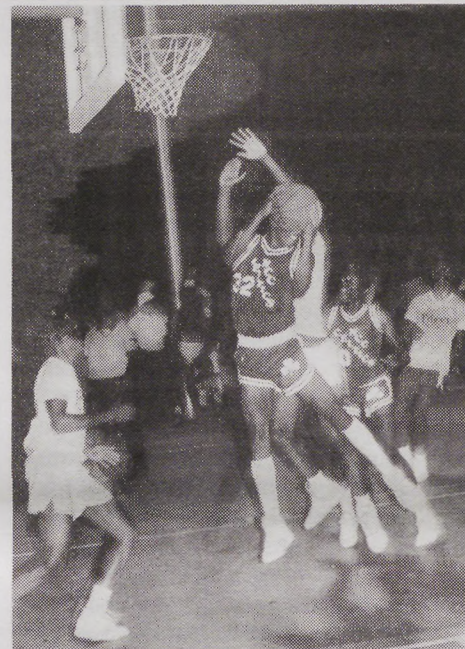
Phyllis Burton

Congratulations To Our Celtics

We at New Community would like to extend our congratulations and a thank you for a very enjoyable and exciting summer of Basketball entertainment.

The New Community Celtics, after a rough start (0-3) and a lot of trials and errors, made it to the playoff and through the 1st round. A special thanks to Melvin Bibbs (NCC resident) who through hard work instilled pride, enthusiasm, and self respect not only in the kids on the team but to all who came out and supported their efforts.

Melvin took a 0-3 club to a 6-3 record before losing in the semi final.
Eladio Negrón



New Community Summer Youth Program

For many young residents of New Community, the last day of school means that it is time to relax and get away from books. It also means that it is time for the New Community Summer Youth Program. The NCC Summer Program has been in existence for five (5) years. The program serves as a vehicle for parents who need some sort of limited day care for their children while they work. The program provides breakfast and lunch for each participant. It is staffed by the Summer Youth Employment and Training Program (SYETP) and Youth Chance. The staff includes 12 supervisors that are from New Community.

This summer the children have really enjoyed themselves with a variety of field trips and activities. The trips included Lake Welch Beach, Kid's World, Sandy Hook, Space Farm and the Bronx Zoo, etc.
Sheila Washington

NCC Family Garden Club Hits The Jackpot

The Family Garden Club of New Community, now in its second year of operation, has really hit it big this year! Earlier this year they played a major role in the "NCC Annual Festival". For the festival the children wore garden vegetable costumes that had been made by members of the club, parents, and Social Services. At the festival the costumes depicting plump tomatoes and chubby cucumbers, stuffed potatoes and fat watermelons stole the show. The children got a real charge out of wearing them.

The actual garden, located on Hayes Street next to the library, has almost any vegetable that one can mention, and en masse. Mr. Cooper, the president of the club, stated that they have been nominated for an award by the Urban Garden Program of Rutgers University, in Newark. They have been extremely helpful to our program both in providing technical assistance and contributing seeds, plants, etc.

Recently, at an appreciation party for Virginia Scott, NCC Social Worker, Mrs. Bertha Brown, who is one of the heads of the Garden Club, presented her with a plaque on behalf of the club.

NCC Theatre Club Visits Dream Girls

The Theatre Club of New Community Families, sponsored a trip recently to the Imperial Theatre, in New York, to see the Fantastic hit *Dream Girls*. It was a real smash! Thirty members attended.

The play starred Ben Harvey, Cleveland Derrick, Roz Ryan, and Clerant Derrick. It was directed by Michael Bennett. The show depicted the backstage struggle of aspiring black entertainers in the early seventies. *Dream Girls* closed on August 11th after being held over for two years. We congratulate the cast of *Dream Girls* for a job well done!

Next month, the Theatre club will be on the road again, searching for some food for cultural enrichment! We are still accepting new members. Check us out if you are interested. We have barrels of fun!

NCC Homes Celebrates 10th Anniversary

New Community Homes proudly acknowledges its tenth year of existence this year. A number of activities have been scheduled to commemorate this historical event. During the month of August an outdoor celebration was planned. This activity included an outdoor musical concert. Some of the featured attractions were the Ravanelles, Premier Gospel Singers, the Quintones and others. The Kenneth Lee Martial Arts Troupe performed and there was also a dance contest.

Joseph Chaneyfield, Vice President of New Community Corporation, was the main speaker at the celebration. He referred to the Homes Complex as being "the baby". It was NCC's first major project and is now a national role model. This project was initiated by a small group of community people associated with Queen of Angels parish. Homes complex has one hundred and twenty units of housing and Georgia Ransome was the first manager.

Other events will take place in the near future to continue the celebration of the founding of this complex.

Mr. Chaneyfield said that he was "proud of the baby and that this just demonstrates what can happen when people work together towards a common goal."

Virginia Scott

New Community Residents Are 'Sailors For A Day'

Two buses filled with ninety-six would-be "Sailors For A Day" laden with packed picnic baskets carrying all sorts of goodies, headed for the Day Line cruise ship, in New York, to get on board. They cruised up the Hudson River all the way to Poughkeepsie and back. Along the way, they saw the George Washington, which is considered to be one of the most beautifully built in the world. They saw The Cloisters, containing a medieval art collection

cluded people from all segments of new community, including families, seniors, children and the handicapped. The handicapped were perhaps the most excited about the trip, because they do not often get the opportunity to participate in recreational journeys, due to the fact that vehicles with special wheel chair lifts are very expensive to rent — and there are not that many available. This problem exists not only at NCC, but apparently throughout the state



of the Metropolitan Museum of Art. It includes the famous unicorn tapestries. Their tour included the Palisades which is a continuous wall of dark red rock that towers five hundred and fifty above the water. Also there was the Tappan Zee Bridge, a three mile bridge, that cost an estimated sixty million dollars to construct. Some people got off there and took the children picnicking, or swimming. Others went sightseeing. At West Point, which is the United States Military Academy where some of our nation's greatest heroes have tread, people got off and visited the cadet chapel, the historical cemetery, parade grounds and other points of interest.

Those who travelled on this trip in-

and country.

A need for more handicapped vehicles is developing due to elderly persons living longer. Many have developed a crippling disability. Many young people are also born with crippling handicaps. These people, in spite of their disabilities would greatly enjoy recreational activities. However, due to their limited income and the lack of available free, or low cost handicapped transportation for recreational purposes, they are unable to take as many trips as most people can.

A special bus with a wheel chair lift was provided by New Jersey Transit for this trip at a reduced share cost rate, which was within the means of residents, since this was an experimental project. NJT has supported NCC in various other projects as well. Special thanks go to Sam Gallitano, director of special charter



services, Bernard Stawici, assistant director, Steve Lax, senior community relations representative and Joe Dupars, bus driver, for their sensitivity and cooperation in helping to make this affair a success.

NCC social service put forth their best effort. They used all of their department social workers to help with the handicapped. We look forward to another trip for our handicapped, as well as for other residents in the near future.

That's what it's all about, meeting the needs of everyone!

Babyland Summer Program A Success

It's hard to believe that the long, hot summer vacation is over, and a new school year is about to begin. For the past 10 weeks, Babyland's Summer Enrichment Program has been providing its children with enjoyable activities and a positive atmosphere to spend all that time in.

One of our main accomplishments was to maintain a low ratio of 1 counselor to every 10 children. These small groups allowed for a maximum of interaction between counselors and child; much more than is usually found at a day camp. Caring adult counselors were able to spend a great deal of time talking, playing, and discussing ideas with each child. By the end of August, some very warm relationships had been formed.

On August 5, with the addition of master teacher Larry Hammon, we began an academic program to prepare the children for the coming school year. Mr. Hammon taught mathematics and spelling to the 8-13 year olds, while the rest of the staff taught basic reading skills to those entering kindergarten and first grade.

Looking back, I feel the summer program was a success. Everyone had fun, saw and learned something new, and made new friends. Thanks to the summer staff, Babyland staff and all the kids who made this a great summer for all of us.

See you next year!

Dan Fabrizo

Babyland III Graduation



"I'm much much wiser than a year ago,
For I've been to School I want you to know.
I've made new friends I'd like you to see,
As we receive our diplomas, my friends and me."

ST. JOSEPH PLAZA
THE SANDWICH SHOP
233 W. Market Street
Newark, N.J.

**TAKE OUT
BREAKFAST
SPECIAL
7 A.M. — 9 A.M.**

Ham and Egg on Roll	\$2.95
Sausage, Egg on Roll	\$2.95
Ham, Egg and Cheese on Croissant	\$3.25
Bacon and Egg on Croissant	\$3.25
Sausage and Egg on Croissant	\$3.25

New Community Welcomes Marvelous Marvin Hagler

On August 2, 1985, New Community Security was proud to sponsor a Welcome Home Ceremony for the WBA-WBC World Middle Weight Champion, Marvelous Marvin Hagler, and brother New England's Middle Weight Champion Rocking Robbie Sims. Also in attendance was Marvin Hagler's wife, his son Marvin Jr., two daughters and his mother.

The ceremony began at City Hall with Mayor Kenneth Gibson presenting the World Middle Weight Champ with a key to the city; a City Council Resolution was presented by Council President Ralph Grant.

A motorcade procession led by New Community's Security Director James DuBose and NCC's Color Guard (Commander Sgt. John Jackson, Bilal Ali, Anthony Moultrie, Maurice Flemming, Micheal Sykes and Tommy Scott) arrived at 14th Ave. and Bruce Street, where an anxious New Community crowd awaited them. The motorcade which included New Community's security, Hagler's private security and members of Newark's Special Police drove around NCC Garden Families, NC Garden Senior, Babyland and NC Homes to the Security Base Station.

Once there Director DuBose presented the Champions with achievement awards and gifts from NCC security. Mrs. Hagler, Marvin's mother accepted the award and gifts for her son Robbie Sims. She apologized on behalf of her son's absence and quoted him as saying that "he would have loved to be here and he appreciates all that was done in his and his brother's honor, but training for his next fight prevented him from being here."

DuBose commented that it gave him great pleasure welcoming the Haglers home and to present the awards on behalf of Associate Director Rhynes. The awards read: **THE ACHIEVEMENTS AWARDS ARE PRESENTED TO 2 CHAMPIONS FOR THEIR INSPIRATION TO YOUTHS AND FOR ACHIEVING CHAMPIONSHIP STATUS IN BOXING. FROM NEW COMMUNITY SECURITY, AUGUST 2, 1985.** Director DuBose went on to thank Mrs. Hagler for producing 2 great champions.

Other Awards were presented to Hagler from New Community's Youth Departments and Social Services by Eladio Negrón, Youth Coordinator. One of the unique awards was packs of M&M's outlined in the shape of a boxing glove.

At this point in the ceremony Council President Grant told the audience, "This is part of what we like to do for the community." He introduced the WBC-WBA Middle Weight Champion as "the man who no longer calls Mr. Thomas Hearn's the 'hit man,' indicating that he's now the 'hurt man.'"

Taking the mike, the Middle Weight Champion expressed his pleasure at being there, saying this had been a day of excitement and one of the highlights of his life. Being in Newark, N.J., his hometown, surrounded by his people gave him great

pride and honor. Marvin continued by saying that by being a native of Newark, no one out there could beat him. Newark prepared him to be tough, very tough both physically and mentally. The WBA-WBC Middle Weight Champ then directed a message to the youths saying, "There is a future, but you must work hard to achieve it. To achieve this you must have faith, faith in family and respect for parents, neighbors and senior citizens. Keeping faith and respect strong, everything will fall into place for you."

The Champ then answered questions from the warm residents and spectators. He was then asked a final question by Wali A. Muhammad, one of NCC's security officers and Public Relations Officer. Could he predict a victory round over Mugabe? The Champ responded by saying he's leaving the predicting to Muhammad Ali.

After the question and answer period Mr. Hagler went on to educate the crowd with some boxing statistics, and share his goals and aspirations. In November of 1985, Hagler will fight Mugabe.

Right now he's trying to move into the movie and commercials industry. From the 25th to the 30th of August Hagler will be doing an evening show called Punky Brewster. He just turned down a Rocky IV movie, because he was on vacation.

Hagler told the crowd he has 3 fights and that he's trying to go after Carlos Monzone's record. (Monzone is a great champion that Hagler admires), adding that Monzone has had 14 title defenses and Hagler's fight in November will be his twelfth title defense. When he beats Monzone's record he will say good-bye to boxing. He feels boxing has been very good to him and that he's also been very good to boxing.

The Middle Weight Champion thanked the community and commended Director DuBose on having a fine security force.

Council President Grant reminded those gathered that Hagler and his brother are examples of an alternative to crime, drug and alcohol abuse, and smoking.



Marvin Hagler addresses New Community residents during visit to his hometown.

You Can Make A Difference

Events and movements throughout history have been greatly influenced by the convictions and efforts of individuals. Large forces have gathered on one side confronting smaller forces on the opposing side, and the results have seemed inevitable, until an individual, with his convictions, came forth, took a stand, and through his efforts changed the outcome. Such an individual was the shepherd boy, David. The Philistines and Israelites were set against each other on opposite sides of the valley of Elah ready to fight each other. Very few of the Israelites had swords and spears while the Philistines were well armed and strong in number. The nine foot high Philistine giant, Goliath, threatened the Israelites saying, "Choose one of your men to fight with me. If I kill him, then you shall submit to us; and if he kills me, then we shall give up to you."

David, a shepherd boy, with five smooth stones and a sling, came out to meet the giant Philistine saying, "I come to you in the name of the Lord who will this day give you into my hands." Then David hurled a stone striking the giant's own sword, and cut off his head. So in that day David won a great victory and saved his people from their enemies. David made a difference.

You have a "value system," a kind of mental yardstick by which you determine what is important, and how important it is to you. A set of your convictions is an important part of your "system" which forms the basic philosophy of your life. All of us at sometime in our lives have been confronted with a situation (perhaps conflicting in nature) in which we had a choice of action or inaction. We could do nothing, walk away, leave the solution to others, or we could take a stand, act positively, become involved, and thereby become a part of the solution. On the lonely road from Jerusalem to Jericho were a certain priest, a Levite, and a Samaritan. We can identify with one of them. When faced with problems in our homes, our community, ourselves, we can sidestep and bypass the problems or we can honestly and prayerfully face the problems and try to solve them. We can make a difference.

How many times have you heard

people say, "My vote won't count — it doesn't matter who gets in, things will be the same." Earlier this year an important bill came up for vote and one more vote was needed for it to pass. A bedridden congressman traveled in an ambulance and stretcher to cast his vote, thus permitting the bill to pass. His vote counted. He made a difference.

Harry Truman spoke out through his bill 8820 and the segregated Armed Forces of the United States of America became integrated. Truman made a difference.

Eleanor Roosevelt, standing beside the world famous singer Marion Anderson, spoke out to the Daughters of the American Revolution and changed their racial policy. Eleanor Roosevelt made a difference.

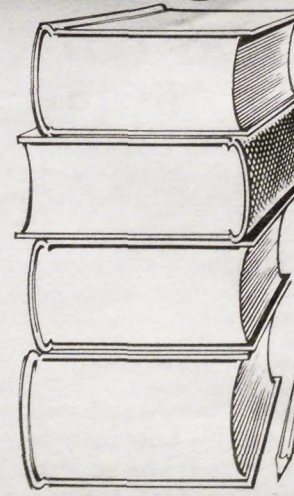
Harriet Tubman spoke out against slavery by spiriting away hundreds of slaves northward to freedom. Harriet Tubman made a difference.

There are opportunities to take a stand and speak up for what is right against what is wrong; in our homes; in our community; on our jobs; with our peers; in having pleasure; at municipal meetings; and in our social relationships. We must seize these opportunities for our voices and efforts *do count* and may influence others in a beneficial and uplifting way. We have opinions on many subjects that affect our lives, but too often we do not voice them in the proper places. Fuming about civic conditions while imbibing at a bar is not as effective as voting and speaking up at municipal meetings to change those conditions. Each one of us could be actively concerned about what goes on in our community and act as a 'block watcher.' Crime doesn't exist in a vacuum; someone sees it take place, assumes a parochial attitude and fails to act upon it unless it personally affects him.

When we rebuild our attitudes, redefine our goals, renew our minds, and reorder our priorities to conform to the teachings of Jesus Christ and the will of God, we will find that we can make a difference — and you will find that *you can make a difference.*

Lewis Graves
Springfield Branch
Newark Public Library

BACK TO



SCHOOL